

# Character Development Skills Assessment

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Grade Level: \_\_\_\_\_ Teacher: \_\_\_\_\_

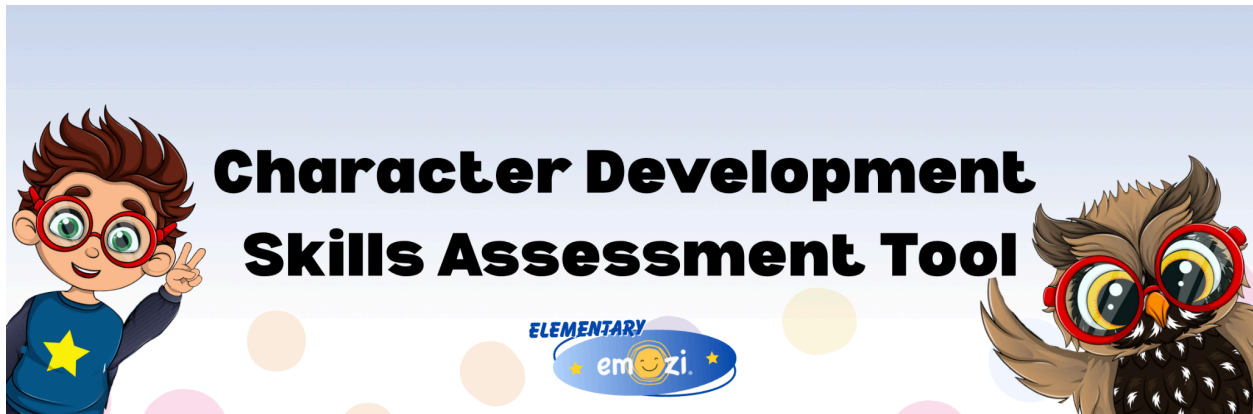
## Instructions:

This assessment will be used **before** and **after** the character development lessons.

- Rate the student's behavior on a **Likert scale** from 1 to 5 for each statement.
- 1 = **Rarely or Never**
- 2 = **Sometimes**
- 3 = **Occasionally**
- 4 = **Often**
- 5 = **Almost Always**

## Observational Likert Scale Questions

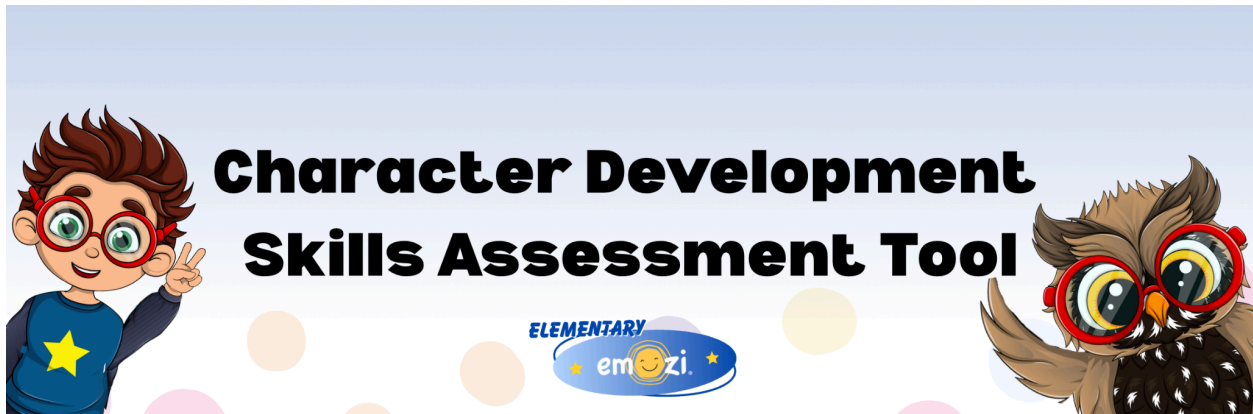
1. The student demonstrates self-awareness by recognizing their emotions and how they affect their actions. \_\_\_\_\_
2. The student uses appropriate strategies to manage strong emotions (e.g., deep breathing, STAR strategy). \_\_\_\_\_
3. The student is able to express their feelings in a respectful and constructive way. \_\_\_\_\_
4. The student recognizes the emotions of their peers and responds with empathy. \_\_\_\_\_
5. The student practices impulse control and can delay gratification when needed. \_\_\_\_\_
6. The student demonstrates problem-solving skills by brainstorming different solutions. \_\_\_\_\_



7. The student considers the consequences of their actions before making a decision.\_\_\_\_\_
  8. The student listens attentively to others without interrupting.\_\_\_\_\_
  9. The student communicates respectfully with both peers and adults.\_\_\_\_\_
  10. The student values and appreciates differences among classmates.\_\_\_\_\_
  11. The student seeks win-win solutions when resolving conflicts.\_\_\_\_\_
  12. The student can reflect on past experiences to make better future choices.\_\_\_\_\_
  13. The student asks for help when needed and offers help to others.\_\_\_\_\_
  14. The student participates in group discussions in a positive and constructive manner.\_\_\_\_\_
  15. The student remains calm and problem-solves when facing a challenge.\_\_\_\_\_
  16. The student acknowledges their strengths and uses them to contribute to the group.\_\_\_\_\_
  17. The student apologizes when necessary and makes an effort to correct mistakes.\_\_\_\_\_
  18. The student encourages and supports classmates during group activities.\_\_\_\_\_
  19. The student follows through on commitments and responsibilities.\_\_\_\_\_
  20. The student demonstrates confidence in their ability to handle social and emotional challenges.\_\_\_\_\_
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### Short Observational Questions (Teacher Reflection)

1. Describe a time when this student demonstrated strong emotional self-awareness.
2. How does this student typically handle frustration or disappointment?
3. Provide an example of how this student has shown empathy towards a classmate.



4. In what ways does this student contribute positively to group discussions and activities?
  5. What strategies does this student use to resolve conflicts?
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## Assessment Reflection

### Post-Assessment Only:

- What changes have you observed in the student's character development since the pre-assessment?
- What areas still need improvement?