Ollie the Owl Learns About Kindness

Lesson Objective:

Students will learn about the importance of being kind to others through the story "Ollie the Owl Learns About Kindness."

Materials Needed:



- The story "Ollie the Owl Learns About Kindness"
- The song "Ollie the Owl Learns Kindness"
- Ollie's Wise Choices Poster
- Paper and pencils, crayons and markers, stapler/glue stick
- Activity 1- puppets (owl, bear, rabbit, bee, beaver, squirrel)
- Activity 2- Kindness Heart Handout
- Home Connection Letter

Introduction to the Topic (10 minutes)

Greeting Outline:

- Welcome the children and have them sit in a circle (if applicable)
- Briefly talk about what it means to be kind and why kindness is important.
- Introduce the concept of showing kindness through words and actions.

Greeting and Circle Time Teacher Script

Warm Welcome and Opening Discussion:

- "Welcome, everyone! Let's sit together in our circle. Today, we are going to talk about something really special—kindness. Who knows what kindness means?"
- Wait for the children to respond.

Discussion Starter

"That's right! Kindness means doing nice things for others—like helping a friend, sharing toys, or using kind words. When we are kind, it makes us and the people around us feel happy. Today, we're going to read a story about Ollie the Owl and how he learns about kindness. We'll also play with puppets, sing a fun song, and make beautiful 'Kindness Hearts.' Let's begin!"



Read the Story (15 minutes)

Story Time Outline:



- Read the story "Ollie the Owl Learns About Kindness" aloud to the class
- Engage the children by asking questions about how Ollie showed kindness to his friends and how it made him feel.
- Emphasize the importance of being kind to others.

Story Time Teacher Script:

- 1. Prepare the Students for the Story:
 - a. "Now I'm going to read you a story called 'Ollie the Owl Learns About Kindness.' Let's listen carefully to see how Ollie shows kindness to his friends and how it makes everyone feel."
 - b. (Read the story aloud, pausing at key moments to ask questions and engage the children.)
- 2. Read the story with an emphasis on key moments:

While reading, pause during key moments to ask the following questions:.

- Who does Ollie see first when he flies down to play?
 (Encourages recall and attention to characters.)
- How does Sammy the Squirrel feel when Ollie sees him?
 (Builds emotional awareness and empathy.)
- What kind thing does Ollie do for Sammy? (Highlights positive, caring behavior.)
- How does Sammy feel after Ollie invites him to play?
 (Supports understanding of how kindness changes feelings.)
- What is Betty the Beaver doing when Ollie sees her? (Checks comprehension and detail.)



- Why does Ollie want to help Betty? (Encourages awareness of kind intentions.)
- How does Betty respond when Ollie helps her?
 (Reinforces the reward of kind actions.)
- What happens when Ollie finds Buzz the Bee?
 (Focuses on noticing when someone needs help.)
- What does Ollie do to help Buzz?
 (Builds memory and recognition of helpful behavior.)
- How does Ollie feel after helping all his friends?
 (Promotes internal reflection and emotional understanding.)

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Ollie the Owl Learns About Kindness

In a forest tall and wide, Lived Ollie the Owl, with wings so wide. He loved to fly and hoot all night, But one day he learned what's truly right.

It started with a sunny day,
When Ollie saw his friends at play.
Benny the Bear and Harriet the Hare,
Were playing a game without a care.

Ollie swooped down with a joyful cheer, But noticed Sammy the Squirrel, standing near.

Sammy looked sad, his eyes so blue, Ollie wondered, "What should I do?"

He remembered Grandma's wise advice, "Kindness, dear Ollie, always feels nice." So Ollie flew down, gentle and slow, "Sammy, what's wrong? I want to know." Sammy sniffled, with a tear in his eye, "I wanted to play, but I'm too shy."

Ollie smiled, and with a gentle heart,

He said, "Come on, Sammy, let's both take part."

They joined the game, and oh what fun, Playing together, under the sun.
Ollie felt warm, his heart so light,
Being kind made everything right.

Later, Ollie saw Betty the Beaver, Carrying sticks with a tail like a lever. She looked so tired, her load so great, Ollie thought, "I won't hesitate."

He flew to Betty, and with a grin,
"Let me help, where should I begin?"
Betty smiled, her eyes so bright,
"Thank you, Ollie, you're such a delight."



Together they worked, side by side, Building a dam with the flowing tide. Ollie felt joy, pure and true, Kindness made everything new.

As the day turned into night,
Ollie saw Buzz the Bee, in flight.
Buzz was buzzing, but not with glee,
His wing was hurt, and he needed to flee.

Ollie swooped down, gentle and kind, "Buzz, let me help, I don't mind." He took Buzz home, safe and sound, With a cozy nest, high off the ground.

Buzz thanked Ollie, with a grateful heart, "Your kindness, Ollie, is a wonderful art." Ollie felt proud, his heart so full, Kindness was the key, powerful. The next day, as the sun did rise,

Ollie saw the world through kind eyes. He helped his friends, near and far, With kind words and deeds, he was a star.

He learned that kindness, pure and sweet, Made his world a special treat. With a gentle heart, and a helping hand, Ollie spread joy across the land.

So remember Ollie, wise and bright, And the lesson he learned, pure and right. Be kind to others, every day, And happiness will come your way.

Ollie the Owl, now kind and true, Knew what kindness could really do. With friends beside him, day and night, He spread love and joy, pure delight.

3. Post-Story Teacher Script

• "What did Ollie learn about kindness? He found that being kind made his friends happy and made him feel good, too! When we are kind, we make the world a better place, just like Ollie."

4. Post-Story Questions

Ask these questions to help students reflect on the story and connect it to their own experiences:

What do you think kindness means?
 (Encourages children to define the concept in their own words.)



- Can you name something kind Ollie did in the story?
 (Reinforces the story's actions and values.)
- How do you feel when someone is kind to you?
 (Connects story to personal experience.)
- Why do you think Ollie felt proud and happy at the end of the story?
 (Promotes emotional awareness and empathy.)
- What are some ways you can be kind at school or at home? (Encourages practical application.)
- If you saw a friend feeling sad like Sammy, what could you do? (Builds kindness strategies and problem-solving.)
- What do you think would happen if Ollie hadn't helped Buzz or Betty?
 (Teaches children the value of action and compassion.)
- Who do you know that is kind? What do they do? (Promotes positive role modeling and observation.)
- Why is it important to be kind, even in small ways?
 (Encourages appreciation for everyday kindness.)
- What's one kind thing you want to do today for someone else?
 (Supports goal setting and follow-through.)

Sing the Song (10 minutes)



- Teach the children the "Ollie the Owl Learns Kindness"
- Sing the song together a few times, encouraging the children to join the actions.

"Now, let's sing a fun song about what Ollie learned. I'll show you some hand actions to go with the song, and you can join in!"



"Ollie the Owl Learns Kindness" Hand Movements

[Verse]

Ollie the Owl Flap arms

Up in the tree

Looking around Shade eyes with hand and look around

What does he see

[Verse 2]

Critters below

Chirping so loud

Ollie just hoots Cup hands around mouth

Feeling so proud

[Chorus]

Kindness is key

Ollie can see Shade eyes with hand and look around

Being so kind

Sets your heart free Place hands over heart

[Verse 3]

Squirrel and Dove

Lend a small hand

Sharing and love Place hands over heart

Now they all stand

[Verse 4]

Ollie looks down

Joins in the fun

Laughing and smiling

With everyone Join arms

[Chorus]

Kindness is key

Ollie can see Shade eyes with hand and look around

Being so kind

Sets your heart free Place hands over heart



"Great job, everyone! Singing together makes it easier to remember the importance of kindness. Now, let's practice showing kindness through a fun activity."

Do an Activity (20 minutes)

Students will practice listening to others.

Please choose from the following 2 activities:

Activity 1: Animal Role-Play (15 minutes)



1. Introduce Activity

"Now we are going to use these puppets to practice being kind, just like Ollie."

Activity Instructions

For each role-play scenario, choose two students to come up and pretend to be one of the characters. Let the students act out one of the scenarios and how they would solve the problem.

1. Explain the Role-Playing:

"We're going to take turns with the puppets. Each puppet will act out a situation where someone needs kindness, and we will figure out how to help."

2. Model the First Scenario:

"Watch how Ollie is sad because he forgot his snack at home. How can we help? Maybe Harriet could share her snack with him. Do we have any other ideas?" Allow students to share other ways they can be kind and offer help to Ollie.

3. Encourage Participation:

"Now it's your turn! Who would like to participate in the role-play?" (Let a few children take turns role-playing different kindness scenarios.)

- Scenarios for role-play:
 - Sammy the Squirrel feels left out—how can we help?
 - ii. Betty the Beaver needs help building her dam.
 - iii. Buzz the Bee is hurt and needs someone to take care of him.
- 1. Guide the children through the role-play:
 - i. "What kind thing can we do to help Sammy?"



- ii. "How can we show kindness by helping Betty carry sticks?"
- iii. "What would Ollie do to help Buzz feel better?"

4. Discussion:

"That was wonderful! You all showed great kindness by helping the puppets. Let's give ourselves a round of applause."



Activity 2: Kindness Hearts (15 minutes)

• Introduce Activity

"Now, we are going to make 'Kindness Hearts.' These are special hearts that remind us of ways we can be kind every day."

• Activity Instructions

Instructions for Craft Activity

1. **Distribute materials:** Give each child a Kindness Heart handout paper, crayons, markers, and stickers.

2. Explain:

a. "On your heart, you can draw or write ways you will be kind to your friends and family. For example, you could write 'help my mom,' 'share my toys,' or 'say nice things to my friends.'"

3. Encourage creativity:

- a. "Feel free to decorate your heart with stickers and colors to make it as beautiful as you want."
- 4. **Share:** After the children finish, invite a few to share what they wrote or drew on their hearts.

5. Discussion:

"These 'Kindness Hearts' are amazing! Now, you have a reminder of all the ways you can spread kindness every day."



Wrap Up the Lesson (5 minutes)

- 1. Review and Reflection Overview:
 - Review what they learned about being kind and the different ways they can show kindness.
 - Ask a few children to share their "Kindness Hearts" and explain what they wrote or drew on them.

Review and Reflection Teacher Script

1. Gather in a Circle for Reflection:



"Let's gather in a circle again to talk about what we learned today. What are some ways we can show kindness like Ollie?"

Discussion Questions:

- "How does it feel when someone is kind to you?"
- "What kind things can you do at school? At home?"
- "How can you spread kindness to people you meet every day?"

Closing

"Remember, being kind is one of the best things we can do. When we are kind, we make others happy, and we feel good, too!"



Home Connection Letter

1. Sending Information Home:

 "Before you go, I have a letter for you to take home. It talks about what we learned today, so you can share it with your family."

(Hand out the parent letters.)

"Thank you for being such wonderful listeners and friends today! I can't wait to see you all next time."

• Hand out the letters as the children prepare to leave.

Parent Letter

Sending Information Home:

• Provide each child with a letter to take home to their parents explaining the lesson



Dear Parents/Guardians,

Today in class, we learned about kindness through the story "Ollie the Owl Learns About Kindness." This story teaches children the importance of being kind to others through words and actions.

Here's what we learned:

- Showing Kindness Understanding that being kind makes others feel happy and appreciated.
- Kind Words and Actions Recognizing that we can show kindness in many different ways.

We practiced these concepts through role-playing and making "Kindness Hearts." You can help reinforce this at home by encouraging your child to talk about how they can be kind to their friends and family.

Thank you for your support!

Sincerely,



Kindness Heart



