

Ollie the Owl Learns About Feeling Proud

Lesson Objective

Students will learn about the feeling of pride, understand what it means to be proud of themselves and others, and practice sharing their achievements in a kind and grateful way.

Materials Needed:



- The story, “Ollie the Owl Learns About Feeling Proud”
- The song, “Ollie the Owl Feels Proud”
- Paper and pencils, crayons and markers
- Activity 1- Proud Owl Handout
- Activity 2- Proud Parade Activity
- Home Connection Letter

Introduction to the Topic (10 Minutes)

Greeting Outline:

- Welcome the children and have them sit in a circle (if applicable).
- Briefly talk about what it means to feel proud and ask if anyone has ever felt proud of something they did.

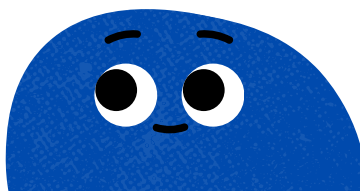
Greeting and Circle Time Teacher Script

1. Warm Welcome and Opening Discussion:

- “Good morning, everyone! Let’s all come together in a circle. Today, we’re going to talk about a very special feeling called ‘pride.’ Does anyone know what it means to feel proud?”
- (Encourage the children to share their ideas.)

2. Discussion Starter

- “Great! Feeling proud is when we do something good, like when we accomplish something difficult or help someone. Pride can sometimes feel warm and happy inside, like a glowing star in our heart.”
- “Has anyone ever felt proud of themselves? Maybe when you learned something new or helped a friend?”
- (Allow children to share briefly if they wish.)
- “Thank you for sharing! Today, we’ll read a story about Ollie the Owl, who learns what it means to feel proud and to share that feeling with others in a kind way.”



Read the Story (15 Minutes)

Story Time Outline



- Read the story “Ollie the Owl Learns About Feeling Proud” aloud to the class
- Ask questions during key parts in the story.

Story Time Teacher Script:

1. Prepare the students for the story:

- “Now, it’s time to meet Ollie the Owl and see how he learns about feeling proud.” (Read the story aloud, pausing at key moments to ask questions and engage the children.

2. Read the story with emphasis on key moments:

- While reading, pause during key moments to ask the following questions:.
 - "How do you think Ollie is feeling at the beginning of the story?"
 - "What is Ollie trying to do that is making him feel excited?"
 - "Have you ever tried something new and wanted to do your best?"
 - "Why do you think Ollie wants to keep practicing?"
 - "How do Ollie’s friends react when he tells them what he’s working on?"
 - "What happens when Ollie finally reaches his goal?"
 - "Look at Ollie’s face! How do you think he feels right now?"
 - "Ollie worked really hard before he felt proud. Why do you think that made his achievement special?"
 - "What do you think his friends will say to him?"
 - "What would you say to Ollie to let him know he did a great job?"

Ollie the Owl Learns About Feeling Proud



In a forest green and bright,
Lived Ollie the Owl, with wings so light.
With feathers soft and eyes so wide,
He loved to play and often glide.

One sunny day, with skies so blue,
Ollie had a new feeling.
A warm and happy glow inside,
A feeling of pride he couldn't hide.

"Grandma," Ollie asked with cheer,
"What is this feeling that's so near?
It makes me feel so big and tall,
Like I can do anything at all."

Grandma Owl, wise and sweet,
Smiled at Ollie, sitting at her feet.
"Feeling proud is something great,
It comes when you achieve or create."

"You might feel proud when you do your best,
In a game or when you ace a test.
When you help a friend or learn something
new,
Pride comes when you see things through."

Ollie thought of when he flew so high,
Touching the stars in the night sky.
Or when he helped Sammy find his way,
Pride filled his heart on those days.

"But Grandma," Ollie asked with care,
"What if others start to stare?
I don't want to brag or boast,
I want to be kind and loved the most."

Grandma nodded, wise and kind,
"Here's some advice to keep in mind.
When you feel proud, it's great to share,
But do it in a way that shows you care."

"Say 'I did it!' with a happy heart,
But don't forget others played a part.
Thank your friends and family too,
They helped you reach what you could do."

Ollie nodded, feeling glad,
He understood the advice he had.
He flew to find his friend, Buzz the Bee,
Buzz was working happily.

"Buzz," said Ollie, "I flew so high,
I touched the stars up in the sky.
But I know you helped me learn to soar,
Thank you, Buzz, for helping more."

Buzz buzzed back with a cheerful hum,
"You're welcome, Ollie, you're awesome, chum!
Feeling proud is really grand,
And sharing thanks is a kind hand."

Next, Ollie found Betty the Beaver,
Building a dam, always a believer.
"Betty," said Ollie, "I built a nest,
High in the tree, it's the best."

"But I remember the tips you gave,
Thank you, Betty, for being brave."
Betty smiled, her heart so warm,
"Pride and thanks go arm in arm."

Then Ollie saw Harriet the Hare,
Who was hopping here and there?
"Harriet," said Ollie, "I hopped so high,
Almost as high as you can fly."

"But you taught me how to spring,
Thank you, Harriet, for everything."
Harriet grinned and gave a cheer,
"Pride is great when shared, my dear."

Ollie the Owl Learns About Feeling Proud



Ollie learned, with heart so true,
Feeling proud was good to do.
With thanks and kindness by his side,
He could share his joy with pride.

So remember, Ollie, wise and bright,
Who learned about pride with all his might.
Be proud of what you've done and share.
But always show others you care.

Ollie the Owl, with heart so light,
Shared his pride, both day and night.
With a grateful heart and a joyful song,
He spread his pride and got along.

3. Post-Story Teacher Script

- “So, Ollie learned to feel proud and to share that feeling by being kind and grateful. When we accomplish something, it’s nice to thank others who helped us, just like Ollie thanked Buzz, Betty, and Harriet.”

4. Post-Story Questions

Ask these questions to help students reflect on the story and connect it to their own experiences:

- "What did Ollie learn about feeling proud?" (Summarize the story’s key lesson.)
- "What are some things you have done that made you feel proud?" (Encourage personal reflection.)
- "How does it feel when we accomplish something we worked hard for?" (Help children recognize emotions.)
- "Why is it important to keep trying even when something is hard?" (Encourage perseverance.)
- "Who helps you feel proud when you do something well?" (Discuss the role of supportive friends and family.)
- "How can we help our friends feel proud of themselves?" (Encourage discussion on celebrating others' success.)
- "What should we do if we try something and don’t succeed the first time?" (Reinforce resilience and growth mindset.)
- "What was your favorite part of the story?" (Encourage engagement and recall.)
- "Why do you think Ollie’s friends were happy for him?" (Discuss empathy and shared joy.)
- "What will you remember most about Ollie’s story?" (Encourage children to take away key ideas from the lesson.)

Sing the Song (10 Minutes)



- Teach the children “Ollie the Owl Feels Proud” about the feeling of being proud
- Use actions that represent feeling proud and sharing joy with others.
- Sing the song together a few times, encouraging the children to join in with the actions.

Teacher Script:

“Now, let’s sing a song together about feeling proud! This song will help us remember that feeling proud is wonderful, especially when we share it kindly.”

Ollie the Owl Feels Proud

Verse

Hand Movements

[Verse]

Ollie the owl hoots at night
Stars up high shining bright
Ollie knows things feelin' proud
Fluffy feathers big and loud

Point to the sky/ wiggle fingers like twinkling stars.

[Verse 2]

Ollie helped a friend today
Shared a toy and led the way
Helpin' others feelin' proud
Heart so big singin' loud

Place hand on chest and smile proudly.

[Chorus]

When you try your very best
Climbing high, passing tests
Proud is when you feel just right
Glowing bright like moon at night

Place hand on chest and smile proudly.

[Verse 3]

Ollie learns a brand new tune
Hootin' songs beneath the moon
Music flows, feeling proud
Happy notes dancing round

Wave hands like flowing music

[Chorus]

When you try your very best
Climbing high, passing tests
Proud is when you feel just right
Glowing bright like moon at night

Place hand on chest and smile proudly.

[Chorus]

Ollie knows it's oh so true
Pride can come from me and you
Every little thing you do
Proudness shines all through

Place hands over heart / extend arms outward



Do an Activity (20 Minutes)

Activity 1: Proud Owl Badges (15 Minutes)



Introduce the Activity

- Students will practice identifying the feeling of pride.

Activity Instructions

- “Now, we’re going to make our own ‘Proud Owl Badges’! These badges will help us remember what we’re proud of.”

Distribute materials for the badges:

- “On your badge, you can draw or write something that makes you feel proud. Maybe you’re proud of helping a friend, learning something new, or being kind.”

Guiding the Craft:

- “Use crayons, markers, or stickers to decorate your badge. Think about something that made you feel proud, just like Ollie felt proud. Once you’re finished, we’ll attach a pin so you can wear your badge.”
- (Move around and offer help as children work on their badges.)

Sharing with the Class:

- “Let’s share our Proud Owl Badges with everyone! When it’s your turn, show your badge and tell us what makes you proud. Remember, we’re sharing in a kind way, just like Ollie learned.”
- (Encourage applause and smiles after each child shares to create a positive and supportive environment.)

Activity 2: Proud Parade (15 Minutes)

Introduce Activity

“Ok, we’re going to do an activity called a ‘Proud Parade.’ We’ll all take turns walking down our parade path and sharing one thing we’re proud of. Everyone else will cheer for you!”

Activity Instructions

- Explain to the children that they will have a "Proud Parade," during which each child will hoot (share) something they are proud of. It might help to do activity 1 so that the students have already thought about what they are proud of about themselves
- Line the children up and let each child take a turn walking down the "parade path" and announcing their achievement to the class.
- Encourage the other children to clap and cheer for each friend's accomplishment.
- Remind the children to thank anyone who helped them achieve their goals.

Reflection

"Today we learned that we all have something about ourselves that makes us special and that we are proud of."

Wrap Up the Lesson (5 Minutes)



Review and Reflection Overview:

- “Let’s sit together and think about what we learned today. Can anyone tell me what it means to feel proud?” Encourage answers.

Review and Reflection Teacher Script

- Review what they learned about “proud,” and we all have things that we are proud of.
- Ask a few children to share one thing they learned about pride from the story or the activities.
- “Great! Feeling proud is a wonderful feeling, and sharing it in a kind and grateful way, like saying thank you, makes it even better.”
- “Remember, whenever you feel proud, you can share it like Ollie did by being thankful to those who helped you. That way, everyone can feel happy together!”
- “Thank you all for learning with me today. I’m so proud of each of you for sharing your pride and working together. Now, when you go home, you can tell your families what made you proud today and how we shared our pride with kindness.”

Home Connection Letter

1. Sending Information Home:
2. "Before you go, I have a special letter for you to take home to your parents. It talks about everything we learned about feeling proud today."
3. Hand out the letters as the children prepare to leave.

Emozi® Parent Letter

Dear Parents/Guardians,

Today in class, we learned about the feeling of pride through the story "Ollie the Owl Learns About Feeling Proud." This story teaches children that feeling proud of their achievements is wonderful and that sharing their joy with kindness and gratitude makes it even better.

Here's what we learned:

- Understanding Pride – Recognizing what pride feels like and when we might feel it.
- Sharing Achievements – Learning to share our successes with others in a kind and grateful manner.
- Expressing Emotions – Practicing how to express feelings of pride through art and activities.

We practiced these concepts through making "Proud Owl Badges" and participating in a "Proud Parade" where each child shared something they are proud of. You can help reinforce this at home by encouraging your child to talk about their achievements and celebrate them together.

With gratitude,

My Proud Owl Badge

