Emozi® PreK-Grade 2 Teacher Training: Content Outline

Training Outline and Content Guide

Training Objectives:

By the end of this training, participants will:

1. Understand the goals of the Emozi® Character Development (CD) program.
2. Learn how the curriculum supports social-emotional development.
3. Recognize how Emozi® aligns with educational standards.
4. Apply Emozi® strategies, such as HALT, HOOT, HEART, and Body Budget awareness.
5. Integrate storytelling, songs, and activities into classroom routines.
6. Use assessment tools to measure character development progress.

Training Modules:

Module 1: Introduction to Character Development (CD)

- Definition and Purpose of CD
- Benefits for young learners: empathy, responsibility, and resilience
- Reflection on integrating CD in classroom routines

Module 2: Foundations of Character Development & Constructed Theory of Emotion

- Core Components:
  - Self-awareness & Emotional Regulation
  - Moral Reasoning & Decision-Making
  - Engagement with Role Models
  - Community Involvement
- Understanding the Constructed Theory of Emotion: Emotions are predictions, teachable, and influenced by context

Module 3: Emozi® Strategies for Young Learners

- Introduction to Ollie's World Characters (Ollie the Owl, Benny the Bear, Harriet the Hare, etc.)
- HALT, HOOT, HEART Strategy:
  - HALT: Pause and recognize emotions
  - HOOT: Take calming breaths
  - HEART: Reflect and respond constructively
- Body Budget Awareness: Emphasizing sleep, hydration, nutrition, and exercise
- Expanding Emotional Vocabulary: Teaching a range of feeling words

Module 4: Lesson Implementation and Classroom Integration

- Using stories, songs, and crafts for emotional learning
- Role-playing activities for empathy and conflict resolution
- Structured lesson walkthrough:
  1. Story introduction
  2. Song activity
  3. Interactive learning tasks
  4. Home Connection Letter

Module 5: Assessing Character Development Growth

- Using pre/post-assessments and observational tools
- Tracking progress with reflection exercises
- Practical scenarios for recognizing emotional and behavioral growth

Module 6: Reflection and Next Steps

- Reflecting on learning takeaways
- Creating an action plan for classroom integration
- Setting personal goals for implementing Emozi® strategies

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Resources and Support

- Emozi® Teaching Guides
- Recorded Training Webinars
- Parent Engagement Materials
- Support Contact: support@emozi.net

Final Reflection:

- Write a personal goal for integrating Emozi® strategies into your classroom.
- Reflect on how character development will enhance your classroom culture and student outcomes.