



Teacher Self-Assessment Checklist

Purpose:

Support educators in reflecting on their own practice and identifying areas of strength and growth in Emozi implementation.

How to Use:

- Complete this checklist at the **start, midpoint, and end** of the school year.
 - Reflect honestly on your practice — this is for growth, not evaluation.
 - Use your responses to identify strengths, areas to develop, and goals for classroom practice.
 - Administrators and coaches can use aggregated results to guide coaching, mentoring, or professional development.
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Checklist Indicators

Preparation & Fidelity

- I prepare Emozi lessons in advance.
- I follow the lesson structure while adapting to my students' needs.
- I have all required materials (stories, puppets, posters, journals, etc.) ready before the lesson.

Instructional Delivery

- I use open-ended questions to guide student discussion.
- I model character strategies (e.g., HALT–HOOT–HEART, STAR, SCOPE, SCOPE-IT) during lessons.
- I use student-friendly language to connect strategies to real-life situations.



Student Engagement

- I provide time for student reflection during or after lessons.
- I encourage students to apply Emozi skills beyond the lesson (hallways, recess, group work).
- I recognize and praise students when they demonstrate Emozi strategies in action.

Integration with Classroom Routines

- I embed Emozi language into daily routines (morning meetings, transitions, conflict resolution).
- I reference Emozi posters, visuals, and routines consistently.
- I connect Emozi lessons to academic or social contexts when relevant.

Reflection & Growth

- I reflect on what went well and what could improve after each lesson.
- I seek support, resources, or collaboration to strengthen my practice.
- I share Emozi successes with families, colleagues, or administrators.



Teacher Reflection

- One strength I bring to Emozi implementation is: _____
- One area I'd like to improve is: _____
- A goal I have for my students this semester is: _____

✨ **Tip:** Use this checklist as a self-reflection tool, not a compliance form. Over time, it helps teachers see their own growth and supports administrators in building sustainability.