



Teacher Troubleshooting Guide

Purpose:

To support teachers when Emози® lessons feel challenging, student engagement dips, or time pressures make consistent implementation difficult. This guide offers quick fixes and “small win” strategies to keep lessons impactful without adding stress.

1. When Time Is Tight

Challenge: Lessons feel too long or get skipped.

✔ Try:

- Break lessons into 2–3 shorter segments across the week.
 - Use “Make-Up Monday” (10 minutes at the start of the week for missed content).
 - Integrate strategy practice into daily routines (lining up, group work, transitions).
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2. When Students Aren’t Engaged

Challenge: Students tune out or see Emози® as “babyish.”

✔ Try:

- Use role-play, student helpers, or peer leaders to model strategies.
 - Connect lessons to real issues (friendships, online drama, job readiness, test stress).
 - Let students share how they’d apply strategies outside school.
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3. When Students Don't Use Strategies Independently

Challenge: Students forget Emozi® skills outside lesson time.

✔ **Try:**

- Post strategy posters prominently; cue students with questions: “Which step helps here?”
 - End the day with a 2-minute reflection: “Which Emozi® skill did you use today?”
 - Create peer accountability — weekly goals with a partner check-in.
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4. When Teachers Feel Overwhelmed

Challenge: Curriculum feels like “one more thing.”

✔ **Try:**

- Start with just 1–2 strategies (e.g., STAR, SCOPE). Use them consistently in routines.
 - Pair up with a colleague — swap quick wins at grade-level meetings.
 - Ask your Emozi® Champion or admin for a walkthrough + coaching check-in.
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5. Quick Win Activities for Any Classroom

- **Feelings Corner:** Daily check-in with emotions posters.
 - **Strategy Spotlight:** 2–3 minutes a day on Ollie’s Wise Choices, STAR, SCOPE, or SCOPE-IT.
 - **Reflection Circle:** End the week with student shoutouts for Emozi® in action.
 - **Strategy Wall:** Post real student examples of when they used Emozi® successfully.
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✨ **Closing Note for Teachers:**

Don't worry about delivering “perfect” lessons. Consistency, small touchpoints, and modeling Emozi® language every day are what help students grow.