



Emozi Troubleshooting Guide

Mini Emozi® (PreK–2)

Challenge 1: Lessons feel too long for young attention spans.

✓ **Solution:** Break lessons into two mini-sessions (e.g., morning circle + afternoon read-aloud). Even 5–7 minutes at a time works.

Challenge 2: Students forget Emozi strategies outside of lesson time.

✓ **Solution:** Use *cue words or mascots* (e.g., “Let’s do STAR!”) during transitions, clean-up, or when emotions run high.

Challenge 3: Teachers feel rushed by the curriculum.

✓ **Solution:** Integrate strategies into existing routines (lining up, snack time, story time). No need for separate blocks.

Quick Win Activity: Create a “Feelings Faces Corner” where students can point to how they feel at arrival each day.

Emozi Elementary (Grades 3–5)

Challenge 1: Lessons get skipped due to testing or schedule conflicts.

✓ **Solution:** Build a “make-up Monday” — reserve 10 minutes at the start of the week to catch up on a missed lesson.

Challenge 2: Students forget to use Emozi strategies independently.

✓ **Solution:** Post strategy posters in the classroom and prompt with questions: “*Which Emozi step could help right now?*”

Challenge 3: Student engagement feels low.

✓ **Solution:** Assign rotating *student helpers* to act out strategy examples or lead quick role-plays.

Quick Win Activity: End the day with a 2-minute “Emozi Reflection” — each student shares one strategy they used that day.



Emozi Middle School (Grades 6–8)

Challenge 1: Students say Emozi feels “babyish” or not relevant.

✓ **Solution:** Connect lessons to *real issues* — friendships, online drama, stress. Invite students to share how they’d apply strategies in their actual lives.

Challenge 2: Teachers struggle to find time.

✓ **Solution:** Integrate Emozi into advisory periods, morning meetings, or even 10-minute homeroom slots. Consistency > length.

Challenge 3: Students don’t carry strategies beyond the classroom.

✓ **Solution:** Encourage *peer accountability*: have students set a weekly Emozi goal in pairs and check in with each other.

Quick Win Activity: Use “SCOPE Shoutouts” — each week, spotlight a student who used the SCOPE strategy in or out of class.

Emozi High School (Grades 9–12)

Challenge 1: Students see Emozi as “just another program.”

✓ **Solution:** Emphasize relevance — tie lessons to *college, career, and relationships*. (e.g., SCOPE-IT helps with test anxiety, job interviews, or conflict with a boss.)

Challenge 2: Teachers unsure how to fit lessons into packed schedules.

✓ **Solution:** Use Emozi during short advisory sessions or embed examples into core subjects (history debates, science labs, lit discussions).

Challenge 3: Students disengage if lessons are lecture-heavy.

✓ **Solution:** Shift to *student-led discussions* — let teens apply Emozi to current events, school issues, or personal challenges.

Quick Win Activity: Create a “SCOPE-IT Wall” where students anonymously post real problems and the class practices walking through the steps together.

🌟 Closing Note for All Levels

When energy is low, remember: **small, consistent touchpoints beat perfect lessons.** Even 5 minutes of Emozi language daily can have a big impact.

