



High School

Name: _____

Character Counts Worksheet

Now you're going to identify your character strengths and reflect on how they guide you/your values. Think about the overarching 6 character trait categories.

For example, if a character trait that you have is being assertive, you may value hard work and dedication to your craft.

Category	Character Trait	Connecting Value
Courage		
Humanity		
Justice		
Temperance		
Transcendence		
Wisdom & Knowledge		