



Home Connection

Purpose

Dear _____,

I hope this letter finds you well. I am excited to share with you what we have been exploring in class recently. Our latest lesson focused on the concept of purpose, particularly finding one's life purpose.

We discussed that while the immediate purpose of going to school is to get an education and gain necessary skills, there is a bigger, more profound purpose that each of us can identify. This life purpose is about accomplishing something important to us that is also meaningful to the world. Understanding and having a purpose can lead to greater engagement with others, a love for learning, and even the ability to make a positive impact on the world.

To help students begin thinking about their purpose, we introduced Dr. William Damon's three essential questions from the Stanford Center for Adolescent Development:

1. What are your skills and strengths?
2. What are your interests?
3. What does the world need?

Students completed worksheets to explore these questions and worked independently or in groups to draft their own purpose statements. They reflected on their natural gifts, favorite activities, and the changes they envision for the world.

To continue this exploration at home, please ask your student: "What did you discover about your skills, interests, and how you can contribute to the world? How do you think this might help you define your life's purpose?" This can be a great opportunity for a meaningful discussion about their aspirations and how they can start working towards a fulfilling life purpose.

Please do not hesitate to reach out with any questions or concerns.

Best,
