



Home Connection

Growth Mindset

Dear _____,

I hope this letter finds you well. I am excited to share what your student has been learning in class recently. Our focus has been on understanding the concepts of growth and fixed mindsets, which were developed by psychologist Carol Dweck.

We discussed that a growth mindset is the belief that we can develop our skills and qualities through hard work and effort. With a growth mindset, students see failure and challenges as opportunities to learn and grow. They believe that their outcomes are the result of their efforts and that they can improve their weaknesses with practice.

On the other hand, a fixed mindset is the belief that our intelligence and abilities are inherited and unchangeable. People with a fixed mindset often feel that they cannot improve their weaknesses. However, the good news is that even if a student currently has a fixed mindset, they can work towards developing a growth mindset.

To continue this important conversation at home, please ask your student: "What did you learn about your mindset, and how can you use this knowledge to face challenges and improve in areas where you struggle?" This can be a great opportunity for a meaningful discussion about their personal growth and development.

Please do not hesitate to reach out with any questions or concerns.

Best,
