



High School

Home Connection

Giving and Receiving Help

Dear _____,

I'm excited to share that your student has been learning about advocacy and self-advocacy in class. We discussed how advocacy involves asking for help for oneself or others, especially in situations where someone might be treated unfairly. This could be due to various factors such as race, age, nationality, language, religion, sex, or ability. For example, someone in a wheelchair might need to advocate for access to a building.

As your student transitions to life after high school, they will need to take a more active role in advocating for their own needs and helping others. We emphasized that advocacy should be assertive, not aggressive, and always respectful.

Please discuss this question with your student: Can you think of a situation where you needed to advocate for yourself or someone else? How did you handle it, and what did you learn from the experience? This will help reinforce their learning and encourage them to practice advocacy skills in their daily lives.

Please do not hesitate to reach out with any questions or concerns.

Best,
