



Home Connection

Consequences of Peer Pressure

Dear _____,

I'm excited to share that your student has been learning about peer pressure in class. We discussed the definition of peer pressure as influence from people your age, which can be either positive or negative. Positive peer pressure might encourage healthy habits like studying or exercising, while negative peer pressure could push teens toward harmful behaviors like trying drugs or engaging in risky activities.

We also explored why teens might be more susceptible to peer pressure than adults. Teens often focus more on immediate rewards and have less developed self-control, which can make resisting peer pressure more challenging. Understanding these differences helps us recognize why peer pressure can be so impactful during adolescence.

Please discuss this question with your student: Can you give an example of positive and negative peer pressure you've experienced? How did you handle it, and what did you learn from the experience? This will help reinforce their learning and encourage them to think critically about the influence of their peers.

Please do not hesitate to reach out with any questions or concerns.

Best,
