



High School

Name:

Date:

Conflict Resolution

Directions: Working with a partner or small group, resolve the conflict in the scenario using the SCOPE-IT strategy.

SCOPE-IT!	Scenario: There's a big party happening at a friend's house while their parents are out of town. Your parents only let you go to parties if adults are present.
Stop and take some deep breaths. Identify the precise problem.	
Consider how you are feeling and why.	
Options: What can you do? What obstacles might get in the way?	
Plan: What are the steps?	
Evaluate the outcome.	
Insights: How can I use what I've learned?	
Transform: Is that consistent with who I want to be?	