



High School

Name: _____

Date: _____

Avoiding Gossip and Rumor

Directions: Use the *THINK* strategy to determine if information that we hear is something that we should pass on or not.

- *Is it True?*
- *Is it Helpful?*
- *Is it Important?*
- *Is it Necessary?*
- *Is it Kind?*

If the information doesn't meet all 5 criteria, then you just don't pass it on.

Reflect on the scenarios on the worksheet. Using the THINK criteria to Pass it On or Keep it to Yourself.

Potential Gossip/Rumor	Pass it On? Keep it to Yourself?
Best friend tells you they bombed the math quiz.	
Best friend tells you they have a crush on the new kid in school.	
You overhear two teachers discussing who is getting the math award this year.	
Your brother is grounded for taking the car without permission.	
Your older sister didn't get into the college of her choice.	
You saw the test score of the person who sits across the aisle from you - they Aced the test!	
You heard that your best friend is going to be asked to the school dance by her crush.	



High School

You saw a classmate doing some sort of community service project early Saturday morning.	
You see your best friend's girlfriend with another guy.	
You see the police talking to a classmate after school.	