



High School

Name: _____

Date: _____

Values

Sample Values

Accountability	Determined	Kindness
Achievement	Disciplined	Love
Adventure	Diversity	Loyalty
Ambition	Enthusiastic	Open-mindedness
Assertive	Entrepreneurial	Optimistic
Beauty	Fair	Perseverance
Caring	Family	Positive
Charity	Fitness	Popularity
Cheerful	Forgiveness	Self-control
Citizenship	Friendship	Spiritual
Collaborative	Fun	Successful
Community	Generous	Teamwork
Compassion	Honest	Thoughtful
Competitive	Humility	Truthful
Courage	Humorous	Reliable
Courteous	Independent	Resilience
Curiosity	Integrity	Respectful
Dependable	Intelligents	Social Justice

Step 1: Highlight in yellow each value that resonates with you.

Step 2: Select 10 that are the most important to you and change the highlight color

Step 3: Identify your top 3 values. These are your core values, or the things that are most important to you. List them here:

Step 4: Explain why they are most important to you.