



High School

Name:

Date:

Strengths and Interests

Activity

Complete the following two assessments independently:

1. Identify skills and match them to jobs with this online assessment:
<https://www.careeronestop.org/Toolkit/Careers/interest-assessment.aspx>
<https://www.careeronestop.org/Toolkit/Skills/skills-matcher.aspx>
2. Identify interests with the online tool: <https://www.mynextmove.org/explore/ip>