



## Integrity and Values

### Materials:

- Worksheet
- Plain white or colored paper
- Colored pencils or markers

### Brainstorm

Read the following scenario to students: You're walking down the street and see someone drop a \$20 bill. No one else is around. Do you pick it up and keep it? Do you try to return it to the person who dropped it?

### Discuss

Ask students: What would you do? Allow students a few minutes to discuss the topic. Then, ask additional probing and clarifying questions as appropriate, such as: Is there any situation which would make it OK to keep the money? What if you really needed the money? What if the other looked like they didn't need the money? Continue to engage students on the subject without judgment as long as the discussion remains courteous and productive.

### Dive in!

Explain to students: **Integrity** is doing the right thing, even when no one is looking. People with integrity tell the truth. But integrity is more than just telling the truth. It's being trustworthy and acting ethically. People with integrity take responsibility for their own actions. Being responsible, honest, and trustworthy are values. You may remember from the previous lesson that values are the ideas or beliefs that are most important to us in life. In a previous lesson, we identified our core values. In this lesson, we're going to dig into those a little bit deeper.



# High School

## Activity

Assemble students in pairs or small groups. Explain: Today we are going to be making personal flags. Flags are often used as ways to demonstrate something you believe in, such as the flags for a country, or a flag associated with a sports team. Show them some of the examples of flags from the worksheet or assemble a wide range of flags from <https://www.cia.gov/the-world-factbook/references/flags-of-the-world/> to demonstrate the activity. These are examples of flags from countries around the world. Point out the details in each of the examples and make a connection between the images used and the mottos and how they demonstrate the value. To get started, you will each identify three values that are important to you, such as truth, justice, and forgiveness. Then, you'll each design a flag to illustrate your values. Artistic ability isn't what's important with this activity, so if you have access to a computer and students would prefer to print out images, allow them to do so. Provide students with ample time to complete the task and then call on volunteers to share their flags.

## Reflect

To wrap up the lesson, ask the Reflect question verbally: How do the images you selected for your flag represent the values that are most important to you?

**Optional Home Connection** → Have students share their flags with family members and explain how it represents their values.

## Professional Development

Take 5 minutes and reflect on your core values. What images would you choose to represent your core values?

## For Further Study:

- Integrity in the Classroom:  
[www.psychologytoday.com/us/blog/the-moment-youth/201509/integrity-in-the-classroom](http://www.psychologytoday.com/us/blog/the-moment-youth/201509/integrity-in-the-classroom)
- Creating a Culture of Integrity in the Classroom:  
[www.edutopia.org/blog/8-pathways-creating-culture-integrity-marilyn-price-mitchell](http://www.edutopia.org/blog/8-pathways-creating-culture-integrity-marilyn-price-mitchell)
- How Can Kids Develop Integrity in an online world?  
[www.common sense media.org/character-strengths-and-life-skills/how-can-kids-develop-integrity-in-the-online-world](http://www.common sense media.org/character-strengths-and-life-skills/how-can-kids-develop-integrity-in-the-online-world)